

# **NEW!**

# **Stand Up Paddleboard Classes**



Black Dog Paddle brings Stand Up Paddleboarding (SUP) to Woodlake! Black Dog Paddle has the ONLY certified ACA SUP instructors in Central Virginia, so you are guaranteed to receive the best possible instruction!

Lessons cover all the basics, as well as safety, strokes, and balance, and include a short ECO-tour about paddling in nature! All ESSENTIAL gear is provided: SUP board, Paddle, PFD, and Leash. Maximum weight limit is 235 due to equipment stability.

Minimum age is 11 (A participating/paying adult must accompany youth age 11 - 13).

Call 739-4344 to reserve your class space.

Credit Cards only. Credit card information required when you make the reservation.

### **Class Dates:**

**Saturday, JUNE 15, 1:30-4:30**

**Saturday, JUNE 29, 1:30-4:30**

**Monday, JULY 1, 6:00-8:30 pm**

**Saturday, JULY 20, 1:30-4:30**

**Monday, AUGUST 5, 6:00-8:30pm**

**Class Fee: \$75 per person\***

**(Minimum of 4 participants per class required.)**

**\*Open to Woodlake residents and WSRC members. If you're a member of both, let us know when you register, and we'll give you \$5 off the class fee.**